

Cairns Psychological Services

Therapy Client Rights and Responsibilities

The client has a right:

1. To ask about the credentials, education and training of the therapist.
2. To expect that information about him/her is kept confidential unless he/she requests that it be shared with someone else. (*Please be aware that in the case of divorce or child custody cases following marriage counseling, the **court** may require the therapist to share information from the marriage counseling sessions.*)
3. Be informed of the cost of all professional services prior to receiving the service.
4. To expect professional treatment which does **NOT** include actions with sexual overtones or innuendo.
5. To be free of any discrimination on the basis of religion, gender, race, color or any other unlawful category.
6. To request information from the therapist about diagnosis, treatment plan, records or other services which may be helpful to him/her.

CLIENT RESPONSIBILITIES:

The therapist may expect that:

1. The client will complete any assignment or task agreed upon by the therapist and the client.
2. No mood-altering chemical be used prior to any therapy session.
3. The client will treat the therapist and animals with respect and in a non-abusive manner.
4. The client will adhere to rules of confidentiality concerning fellow members of a group, family members of a group, family members and spouses. PLEASE NOTE: The above responsibility rests with each individual and the therapist will have little control over what is shared outside of the therapy session. However, if it becomes known that the rule of confidentiality has been broken, it will be discussed in the session, and the individual may be asked to terminate.
5. Each client sincerely enters the therapeutic relationship with honesty and a willingness to share his/her concerns openly and directly.
6. Every client is responsible for keeping an appointment time and seeing that financial obligations are met.

EXCEPTIONS TO THE RULES OF CONFIDENTIALITY:

There are several laws in Minnesota that bind a therapist to break the client/therapist rules of confidentiality and report certain events to the appropriate state agency. These are:

1. Child abuse.
2. Maltreatment of vulnerable adults.
3. Threatened suicide.
4. Sexual abuse.
5. Signs of impending violence or suspected or threatened homicide.

I have read and I understand the above "Therapy Client Rights & Responsibilities" of Cairns Psychological Services

Signature of client

Date

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